

AROGYA DHAARA

A Monthly Newsletter by CInI

JUNE 2023 | THIRTEENTH EDITION

 @HwcModel



Supportive
hand-holding for
quality services



Knowledge
Management

Developing 523
health facilities
as "MODEL"



Tech-enabled
continuum of
care

Madhya Pradesh Health Systems Strengthening Program

Serving 23 Districts in
Madhya Pradesh

KEY HIGHLIGHTS | JUNE 2023

MODEL HWCs & UPHCs

- **343** Supportive Handhold visits
- **40 HWCs** reported as Model
- **475 HCWs** mentored on CPHC services/ Kayakalp/NQAS/IT.
- **39 HCWs** nominated and capacitated as peer facilitators.

HEALTHCARE WORKERS TRAINED

- Trained **1432** health care workers (NQAS – **404**, CPHC services – **705**, IT – **313**, & LaQshya- **10**).
- **KMN - LMS (Learning Management System)- 03** sessions held on Common Lab & diagnostic tests (**122 participants**) & Screening and Management of ENT (**47 participants**) and
- Common mental & disorders (**21 participants**)



TECHNOLOGY ENABLEMENT

- **e-Aushadhi** deployed in **92** HWCs & UPHCs.
- EDL stock visible online for **10** HWCs
- **E.H.R** functional in **02** more UPHCs, total 10 UPHC

MODEL INITIATIVES:

- Training on Outcome indicators for the new batch of CHOs in Sagar
- World Environment Day celebrated in 22 districts
- Hands-on training on fire safety done in Shahdol & Panna
- HWC Ghinochi, Chhattarpur - First Model HWC to start IUCD insertion under the family planning services in a Non-Delivery point
- ANM from Sagar, created a roadmap of HWC Narwa and placed it at the centre for an easy walk-through of the area for the community.

HEALTH DAY: International Yoga Day

The CHOs and their community team led International Yoga Day on 21st June'23. On a weekly basis, the team has been participating in and engaging the community in Yoga. CInI team briefed the CHOs on the agenda, and the CHOs relayed the message to the ANMs and ASHAs. The activity was informed to the school and the village a day before. The theme of the day was "Har Ghar Aangan Yoga," and schoolchildren, teachers, and members of the community all took part. The community practised various forms of yoga postures, and they were told about the importance of those postures in their day-to-day life, unity of mind and body, thought and action and a holistic approach valuable for health and well-being. Yoga is more than just exercise; it is a way to rediscover your sense of oneness with yourself, society, and nature, according to the health talk notes shared with the community by the CHOs.



International Yoga Day 2023

PROUD PRACTICES

Raising Noble Care

A noble initiative by the CHO of Model HWC Ballhor, Umaria was observed, where self-assembled first aid kits were distributed to bus drivers plying passengers on their regular routes. Being a health professional there are many responsibilities towards the community which need to be fulfilled. Here the CHO Ms Durga Pal, from Model HWC Ballhor has been a keen observer towards the needs of the community apart from the services. With the support of the ANM & ASHA, she made a first aid kit with the necessary items. They mentored the usage of first aid to the bus conductors and drivers by delivering the kits to 05 buses travelling from Manpur to Umaria. The work was appreciated by the district officials.



First-aid kits distributed by the CHO to the bus drivers, HWC Ballhor, Umaria

Udita Corner Re-functionalised by

UDITA program was launched by the Government of Madhya Pradesh (GoMP) in 2015, to assuage the culture of silence and social taboos around the subject of menstruation in society and to raise awareness. During Village Health and Nutrition Day (VHND) at Anganwadi Centre, the district consultant from CInI observed the disorganized corner without sanitary napkins.

After regular support and mentoring to the AWW during the VHNDs, this corner was in use again. This further motivated the AWW to disseminate the information in the community and nearby schools. She started maintaining the corner on a regular basis and promoted usage with proper disposal, which resulted in safe relief for the community.



Ranjana Mishra Anganwadi Worker, Shahdol.



First model HWC Ghinochi to start IUCD insertion, Chhattarpur



Celebration of World Environment Day



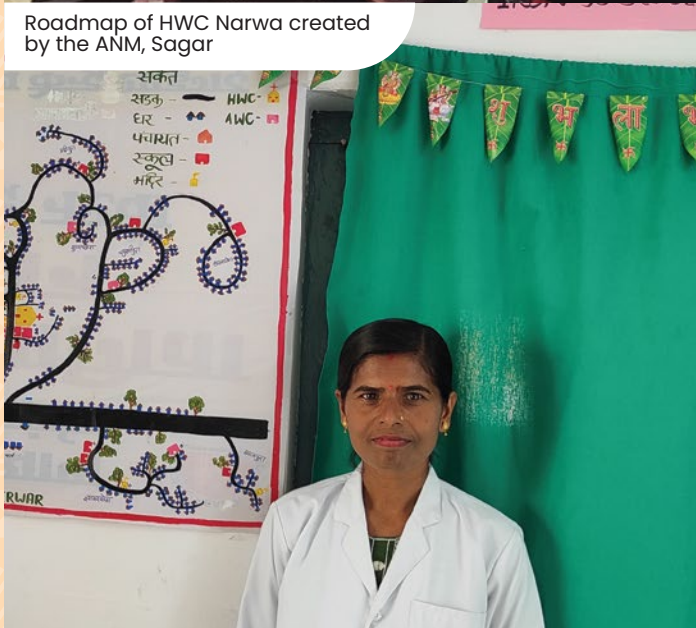
Outcome indicator training for new batch of CHOs, Sagar



Training on fire safety, Shahdol & Panna



Roadmap of HWC Narwa created by the ANM, Sagar



Udita corner re-functionalised by AWW, Shahdol



योग धर्म नहीं, विज्ञान है
इसमें शरीर, मन और
आत्मा को जोड़ने का विधान है