

AROGYA DHAARA

A Monthly Newsletter by CInI

JANUARY 2023 | EIGHTH EDITION

 @HwcModel



Supportive
hand-holding for
quality services



Knowledge
Management

Developing 523
health facilities
as "MODEL"



Tech-enabled
continuum of
care

Madhya Pradesh Health Systems Strengthening Program

Serving 23 Districts in
Madhya Pradesh

KEY HIGHLIGHTS | JANUARY 2023

MODEL HWCs & UPHCs

- **433** Supportive Handhold Visits
- **13** model centres demonstrated (**10 HWC, 03 UPHC_NQAS certified**)

HEALTHCARE WORKERS TRAINED

- **846** HCWs (CPHC NCD Application **187**; NQAS **187**; HWC CPHC services **315**; Kayakalp **76**; IT **101**)

TECHNOLOGY ENABLEMENT

- e-Aushadhi deployed in **22** HWCs and Indenting operational in **22** facilities
- E.H.R deployed in **10** UPHCs



MODEL INITIATIVES:

- Herbal garden maintained at the HWCs of Sidhi.
- Strengthening ASHAs in improving the quality of reach and delivering effective communication in the community.
- Refresher training to the CHOs of the first set of HWCs in Sagar.
- State Assessment for UPHCs in Guna & Vidisha, rest Singrauli, Satna & Damoh planned in February.

RECOGNITION DURING REPUBLIC DAY CELEBRATIONS:

Recognizing the hard work and inspiring spirit of the Health Care Workers, the district administration awarded CHOs for their continuous efforts in Model, Kayakalp, NQAS & other parameters of Atmanirbhar Health & Wellness Centers. The CInI team was also recognized for their constant handhold on the ground.



Recognition to HCWs on Republic day

BEST PRACTICES

RAISING PEER!



Initiated efforts towards Peer Assessment in the districts

The process has begun to identify healthcare workers and train them as peer facilitators, in order to enable the scale-up of establishing Atmanirbhar HWCs. The selection is based on their experience, learning, and mentoring capabilities. Further capacity building is planned for skills including communication, technical knowledge, conflict resolution ability, supportive nature, and active listening.

A peer facilitator will assist other HCWs in resolving issues by providing technical knowledge, support, and guidance in a variety of situations that may arise during the course of duty.



Kayakalp Peer Assessment, Sidhi

NATIONAL YOUTH DAY

Community Health Officers (CHOs) celebrated National Youth Day at Health and Wellness Centers in over 22 districts to encourage youth on general hygiene behaviours, and religious empathy in them. The team collaborated on the year 2023 theme "Viksit Yuva, Viksit Bharat," and planned activities such as a cycle rally with posters on general hygiene behaviours, Yoga sessions, tree planting, and a blood donation camp in the community. An open-ended discussion was also held with the community about being responsible youth and taking ownership of their roles.



Blood donation on National Youth Day



Cycle Rally on National Youth Day, Shahdol

FEATURED STORY

TECH-FRIENDLY ASHA!

The name ASHA is a well-known familiar face in the community, everyone in the village reaches to them as the first source of reliability. In order to strengthen the home visits and create a meaningful engagement in the community the ASHAs from the Shahdol district were mentored on the technical aspects and skill set of capturing a community activity conducted by them at the village level. Also mentored on the CBAC form & family folder and how their captured updates are digitized by the CHOs. After the session, the ASHAs efficiently emailed the captured activity



Tech friendly ASHAs



Supportive Handhold Visit, Anuppur



UPHC Damoh



Sarpanch baithak at HWC, Barwani



State NQAS Assessment at UPHC Vidisha



Herbal garden at HWC, Sidhi

Illness has a lot to teach about wellness