

AROGYA DHAARA

A Monthly Newsletter by CInI

DECEMBER 2023 | EIGHTEENTH EDITION

 @HwcModel



Supportive
hand-holding for
quality services



Knowledge
Management

Developing 523
health facilities
as "MODEL"



Tech-enabled
continuum of
care

Madhya Pradesh Health Systems Strengthening Program

Serving 23 Districts in
Madhya Pradesh

KEY HIGHLIGHTS | DECEMBER 2023

MODEL HWCs & UPHCs

- **301** Supportive Handhold visits.
- **03 HWCs** reported as Model.
- **16 HWCs & 1 UPHC** qualified NQAS assessment.
- **384 HCWs** mentored on CPHC services/Kayakalp/NQAS/IT.
- **77 HCWs** nominated and capacitated as peer facilitators.
- Self-assessment done by CHOs, **03 NQAS & 76 Kayakalp**.

HEALTHCARE WORKERS TRAINED

- Trained **1628** health care workers (NQAS – **479**, CPHC services – **734**, IT – **291**, KAYAKALP – **124**).



- **LMS (Learning Management System)- 04 sessions** were held on Care during Pregnancy, Empathy and Patient Care, where **136 CHOs** participated.
- **02** Modules developed on Assessment of sick infants, Management of LBW babies and RTIs in adolescents.
- **Prathmik Swasthya Sampark Karyakram Event:** Govt. Medical College of Shahdol and Vidisha, Faculties, PG and Final year students participated in the interactive session with CHOs and district CPHC consultants from the respective districts. This event is aimed at orienting the faculty and the students of the Medical Colleges on the day-to-day activities as well as the functioning of CPHC services at the HWC.



Prathmik Swasthya Sampark Karyakram in Govt. Medical college of Shahdol



Recognition to the CHO in PSSK in Govt. Medical College of Vidisha

TECHNOLOGY ENABLEMENT

- **e-Aushadhi** deployed in **36** HWCs.

MODEL INPUTS

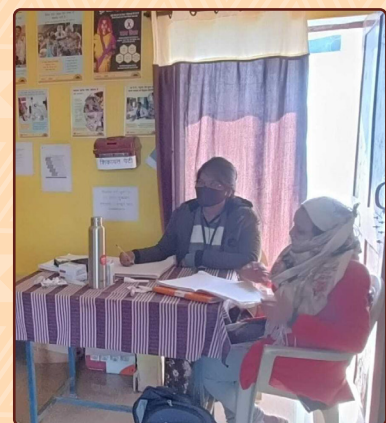
- Khandwa became the first district to train 27 Ayushman Ambassadors (School teachers) for our intervention HWCs who will support community engagement activities.
- Viksit Bharat Sankalp Yatra was organised in Umaria to ensure health services reach the targeted beneficiaries.
- In a series of home visits, CHO from Barbaspur, Umaria has initiated health promotion sessions for the elderly and palliative care, as well as ongoing sessions at the HWC which is setting a worthy example of Care reaching the Community.



Ayushman Ambassador training completed in Khandwa



Viksit Bharat Sankalp Yatra in Umaria



Series of home visit by the CHO for health promotion of elderly and palliative care Umaria



- The same progress was seen in Anuppur where the CHO visited a high-risk pregnant woman at her home.
- An eye camp facilitated at HWC Barbaspur in association with the Samaritan Hospital, Satna team, where the doctor tested the patients with eye disorders and recommended the appropriate treatment. Patients with eye ailments received free care at the hospital at Satna.
- Awareness generation program conducted on World Aids Day in the districts.



Series of home visit where CHO from Anuppur visiting the high risk pregnant women in the village



Peer CHO mentoring the other CHOs & ANM_ HWC Malachua, Umaria



Observance of World Aids Day in the districts

HEALTH DAY

UNIVERSAL HEALTH COVERAGE DAY

Universal Health Coverage (UHC) means all people can access a full range of quality health services they need, when and where they need them, without financial issues.



Screening and awareness on Universal Health Coverage day at the HWCs

UHC day awareness camps were organized in the districts where CHOs initiated general screening and counselling focused on essential health services for the community. The camps were organized at the district and HWC levels to target the communities. Based on the year's theme "Health for All, Time for Action", health talks were also conducted. Improving daily lifestyle, good food habits, mental health, early diagnosis and avoidance of harmful products were the main topics of discussion. The health staff ANM, ASHA, MPW & Anganwadi workers were mentored. Stronger health systems based on primary health care are key to reducing inequities, removing barriers to health services, and preventing, detecting, and responding to health emergencies.

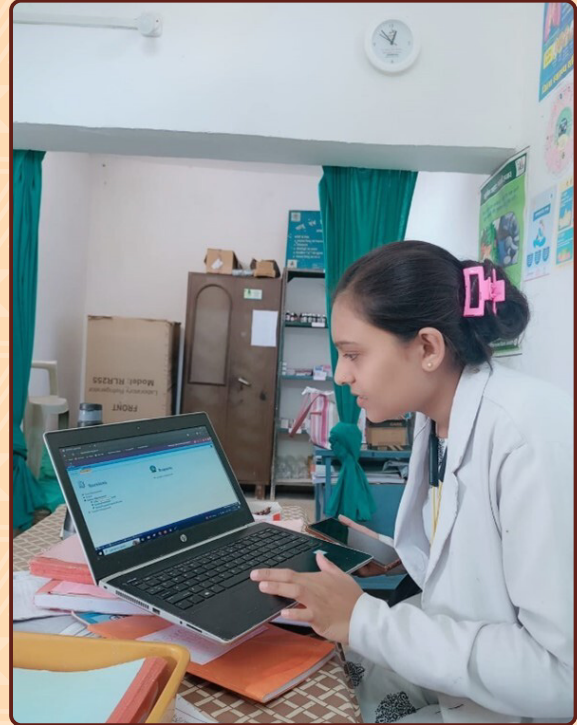


ACHIEVEMENT

PEER RAISING PEER

Peer support is a key component in healthcare improvement led by mentorship skills, hand-holding experience and building connectivity. More importantly, the support shares a series of step-by-step plans, implements and evaluates continuous action cycle used to carry out needed tasks throughout the process of program development and management.

Peer Community Health Officers from Model Health and Wellness Centres of Chhattarpur and Umaria conducted e-Aushadhi training sessions for the new CHOs. The Peer CHOs had received hands-on training from the CInI team earlier. They generated active participation of the fellow CHOs with comprehensive training covering essential topics of Indent Generation and modification procedures of Post-Indent Generation. The session was concluded by fostering a collaborative environment for knowledge exchange and promising a brighter and more efficient future for medical services which initiates the sustainable measure of the program.



e-Aushadhi virtual training session to the CHOs by the Peer CHO_Umaria

**The quality of our life is determined by the quality of our health.
Let's invest in our health today, so that we can reap the benefits tomorrow.**